



AUGUST 2010 GYM SCHEDULE



	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	A	B	A	B	A	B	A	B	A	B	A	B	A	B
5:30am														
6am	Community	Community	Adult	Adult	Community	Community	Adult	Adult	Community	Community				
6:30am	Open Gym	Open Gym	Basketball	Basketball	Open Gym	Open Gym	Basketball	Basketball	Open Gym	Open Gym				
7am	5:30- 8:30	5:30-8:30	5:30-7:30	5:30-8:00	5:30- 8:30	5:30-8:30	5:30-7:30	5:30-8:00	5:30- 8:30	5:30-8:30				
7:30am														
8am			Community	DCRC Programs 8:00-11:30			Community	DCRC Programs 8:00-11:30						
8:30am			Open Gym		7:30-9:30		Open Gym		7:30-9:30					
9am	DCRC	DCRC			DCRC	DCRC			DCRC	DCRC	Adult	Adult		
9:30am	Programs	Programs			Programs	Programs			Programs	Programs	Basketball	Basketball		Adult
10am	8:30-11:00	8:30-11:30	Badminton		8:30-11:00	8:30-11:30	Badminton		8:30-11:00	8:30-11:30	8:00-11:30	8:00-10:30		8:00-11:30
10:30am			9:30-11:30				9:30-11:30							
11am														
11:30am	Adult		Adult		Adult		Adult		Adult			DCRC Programs 10:30-3:00		
12pm	Basketball	Adult	Basketball		Basketball		Basketball		Basketball				Community	
12:30pm	11:00-1:30	Basketball	11:30-1:30		11:30-1:30		11:30-1:30		11:30-1:30			Open Gym		Community
1pm		11:30-1:30										11:30-3:00		Open Gym
1:30pm	Community				Community				Community	DCRC				
2pm	Open Gym		Community		Open Gym				Open Gym	Programs				Community
2:30pm	1:30-3:00		Open Gym		1:30-3:00				1:30-3:00	1:30-3:00				Open Gym
3pm		DCRC	1:30-5:00			DCRC	Community				Adult 35+	Adult 35+		
3:30pm		Programs	Open Gym			Programs	Open Gym				Basketball	Basketball		DCRC
4pm		1:30-6:00	3:00-5:30		Grades	1:30-6:00	1:30-6:30			Grades	3:00-5:00	3:00-5:00		Programs
4:30pm	8th - 12th		Adult 35 +		8th - 12th				8th - 12th	DCRC				3:30 - 5:00
5pm	3:00-6:00		Basketball		3:00-6:00				3:00-6:00	Programs				
5:30pm			5:00-7:30							4:00-6:00				
6pm		Community				Adult			Community	Special Needs	Community	Community	Badminton	
6:30pm		Open Gym				Basketball			Open Gym	Teen	Open Gym	Open Gym	Leagues	
7pm						6:00-7:30			6:00-7:30	Volleyball			5:00-8:00	
7:30pm	Adult	DCRC			Adult		Badminton						5:00-8:00	
8pm	Basketball	Leagues			Basketball		Leagues							
8:30pm	6:00-9:30	7:00-9:30	Community		6:00-9:30		6:00-9:30		Adult	Adult				
9pm			Open Gym						Volleyball	Volleyball				
9:30pm			7:30-9:30						7:30-9:30	7:30-9:30				
	A	B	A	B	A	B	A	B	A	B	A	B	A	B
	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	

Gym schedule is subject to change, DCRC staff will have final ruling.

Summer camps will be using Gym B from 8:00 - 11:30a Monday - Friday

*****Gym B is the inclement weather site for some of the summer camps